

## U4 AND U5 RULES

### (3 V3) RECREATIONAL SOCCER

1. FIELDS WILL BE A MAXIMUM OF 35 YARDS LONG AND A MAXIMUM OF 25 YARDS WIDE.
2. STANDARD CORNER FLAGS WILL BE USED AS GOALS
3. BALL SIZE: SIZE 3
4. MAXIMUM NUMBER OF PLAYERS ON EACH FIELD AT ANY ONE TIME IS THREE (3).  
MAXIMUM NUMBER OF PLAYERS ON ROSTER IS 12. THERE WILL BE NO GOALKEEPERS OR GOALS TENDING.
5. SUBSTITUTIONS ARE UNLIMITED AND ARE ALLOWED:
  - A. INJURIES
  - B. EITHER TEAMS THROW IN
  - C. WHEN PLAY IS STOPPED
  - D. THERE WILL BE NO SUBSTITUTIONS ON CORNER KICKS
6. EACH PLAYER SHALL PLAY A MINIMUM OF 50% OF THE TOTAL PLAYING TIME.
7. SHIN GUARDS ARE MANDATORY FOR ALL PLAYERS
8. REFEREES SHALL BE AN ASSOCIATE REFEREE: IF NOT AVAILABLE, A PARENT, COACH, OR ASSISTANT COACH SHALL REFEREE. ALL RULE INFRACTIONS SHALL BRIEFLY BE EXPLAINED TO THE PLAYER. COACHES SHOULD NOT BE ON THE FIELD IF REFEREES ARE PRESENT.
9. THE MATCH SHALL BE DIVIDED INTO TWO (2) EQUAL HALVES WITH A FIVE (5) MINUTE HALF TIME. COACHES WILL FORM TWO SQUADS FOR MATCHES AND THEY WILL BE PLAYED AT THE SAME TIME ON FIELDS SIDE BY SIDE. THREE PLAYERS ARE ALLOWED ON THE FIELD AT ANY ONE TIME. IF THE MATCHES ARE RUNNING BEHIND SCHEDULE THE REFEREE HAS THE OPTION TO SHORTEN THE HALVES TO CATCH UP.
10. THE OPPONENT MUST BE THREE (3) YARDS FROM THE CENTER MARK WHILE THE KICK OFF IS IN PROGRESS. THE OPPONENT MUST BE THREE (3) YARDS AWAY BEFORE A FREE KICK IS ALLOWED.
11. IF THE BALL GOES OUT OF PLAY, WHETHER OVER THE END OR SIDE LINE, IT IS PLAYED "IN " BY THE OPPOSING TEAM WITH A THROW-IN.
12. GOALS CAN ONLY BE SCORED FROM THE ATTACKING HALF OF THE FIELD, AND MUST PASS COMPLETELY OVER THE LINE.
13. THERE IS NO OFFSIDES
14. COACHES MUST REMAIN IN THE COACHES BOX IN THE CENTER OF FIELDS, PARENTS ARE NOT ALLOWED IN THE CENTER OF FIELDS. THERE IS TO BE NO COACHES, PARENTS, OR SPECTATORS BEHIND THE GOALS.
15. ALL FOULS SHALL BE AN INDIRECT FREE KICK WITH NO DIRECT KICKS AND NO PENALTY KICKS. A GOAL MAY NOT BE SCORED UNLESS IT HAS BEEN TOUCHED BY ANOTHER PLAYER ON THE FIELD. AN INDIRECT KICK RESTARTS PLAY BY A PASS TO ONE'S OWN TEAM MATE. IT IS NOT A STRONG KICK DIRECTLY INTO THE GOAL WITH THE HOPE THAT IT WILL BOUNCE OFF AN OPPONENT INTO THE GOAL.
16. A SECOND THROW-IN MUST BE ALLOWED IF A PLAYER THROWS THE BALL IMPROPERLY ON THE INITIAL ATTEMPT.
17. DO NOT KEEP SCORE, RECORDS OR STANDINGS. THIS IS PURELY RECREATIONAL FUN FOR ALL. THE REFEREES WILL KEEP SCORE ONLY FOR THE PURPOSE OF DIVISIONS.

## U6 RULES

### (4 V4) RECREATIONAL SOCCER

1. FIELDS WILL BE A MAXIMUM OF 35 YARDS LONG AND A MAXIMUM OF 25 YARDS WIDE.
2. STANDARD CORNER FLAGS WILL BE USED AS GOALS
3. BALL SIZE: SIZE 3
4. MAXIMUM NUMBER OF PLAYERS ON EACH FIELD AT ANY ONE TIME IS FOUR (4). MAXIMUM NUMBER OF PLAYERS ON ROSTER IS 12. THERE WILL BE NO GOALKEEPERS OR GOALS TENDING.
5. SUBSTITUTIONS ARE UNLIMITED AND ARE ALLOWED:
  - A. INJURIES
  - B. EITHER TEAMS THROW IN
  - C. WHEN PLAY IS STOPPED
  - D. THERE WILL BE NO SUBSTITUTIONS ON CORNER KICKS
6. EACH PLAYER SHALL PLAY A MINIMUM OF 50% OF THE TOTAL PLAYING TIME.
7. SHIN GUARDS ARE MANDATORY FOR ALL PLAYERS
8. REFEREES SHALL BE AN ASSOCIATE REFEREE: IF NOT AVAILABLE, A PARENT, COACH, OR ASSISTANT COACH SHALL REFEREE. ALL RULE INFRACTIONS SHALL BRIEFLY BE EXPLAINED TO THE PLAYER. COACHES SHOULD NOT BE ON THE FIELD IF REFEREES ARE PRESENT.
9. THE MATCH SHALL BE DIVIDED INTO TWO (2) EQUAL HALVES WITH A FIVE (5) MINUTE HALF TIME. COACHES WILL FORM TWO SQUADS FOR MATCHES AND THEY WILL BE PLAYED AT THE SAME TIME ON FIELDS SIDE BY SIDE. THREE PLAYERS ARE ALLOWED ON THE FIELD AT ANY ONE TIME. IF THE MATCHES ARE RUNNING BEHIND SCHEDULE THE REFEREE HAS THE OPTION TO SHORTEN THE HALVES TO CATCH UP.
10. THE OPPONENT MUST BE THREE (3) YARDS FROM THE CENTER MARK WHILE THE KICK OFF IS IN PROGRESS. THE OPPONENT MUST BE THREE (3) YARDS AWAY BEFORE A FREE KICK IS ALLOWED.
11. IF THE BALL GOES OUT OF PLAY, WHETHER OVER THE END OR SIDE LINE, IT IS PLAYED "IN " BY THE OPPOSING TEAM WITH A THROW-IN.
12. GOALS CAN ONLY BE SCORED FROM THE ATTACKING HALF OF THE FIELD, AND MUST PASS COMPLETELY OVER THE LINE.
13. THERE IS NO OFFSIDES
14. COACHES MUST REMAIN IN THE COACHES BOX IN THE CENTER OF FIELDS, PARENTS ARE NOT ALLOWED IN THE CENTER OF FIELDS. THERE IS TO BE NO COACHES, PARENTS, OR SPECTATORS BEHIND THE GOALS.
15. ALL FOULS SHALL BE AN INDIRECT FREE KICK WITH NO DIRECT KICKS AND NO PENALTY KICKS. A GOAL MAY NOT BE SCORED UNLESS IT HAS BEEN TOUCHED BY ANOTHER PLAYER ON THE FIELD. AN INDIRECT KICK RESTARTS PLAY BY A PASS TO ONE'S OWN TEAM MATE. IT IS NOT A STRONG KICK DIRECTLY INTO THE GOAL WITH THE HOPE THAT IT WILL BOUNCE OFF AN OPPONENT INTO THE GOAL.
16. A SECOND THROW-IN MUST BE ALLOWED IF A PLAYER THROWS THE BALL IMPROPERLY ON THE INITIAL ATTEMPT.
17. DO NOT KEEP SCORE, RECORDS OR STANDINGS. THIS IS PURELY RECREATIONAL FUN FOR ALL. THE REFEREES WILL KEEP SCORE ONLY FOR THE PURPOSE OF DIVISIONS.

U7 AND U8 RULES  
(7 v 7) RECREATIONAL SOCCER

CONFORM TO FIFA RULES WITH FOLLOWING EXCEPTIONS:

LAW I – THE FIELD

DIMENSIONS: THE FIELD OF PLAY SHALL BE RECTANGULAR, ITS LENGTH BEING NOT MORE THAN 70 YARDS NOT LESS THAN 50 YARDS AND ITS WIDTH NOT MORE THAN 50 YARDS NOR LESS THAN 30 YARDS. THE LENGTH IN ALL CASES SHALL EXCEED THE WIDTH.

GOALS: MAXIMUM – SIX (6) FEET HIGH AND TWELVE (12) FEET WIDE.

LAW II – THE BALL

SIZE THREE (3) BALL

LAW III - NUMBER OF PLAYERS

1. MAXIMUM NUMBER OF PLAYERS ON THE FIELD AT ANY ONE TIME IS SEVEN (7), ONE OF WHOM IS THE GOALKEEPER. IT IS RECOMMENDED THAT ALL TEAM MEMBERS TAKE TURNS PLAYING THE GOAL KEEPER.
2. MAXIMUM NUMBER OF PLAYERS ON THE ROSTER SHOULD NOT EXCEED 12 (UNLESS BOARD APPROVED).
3. SUBSTITUTIONS
  - A. UNLIMITED
  - B. INJURIES
  - C. EITHER TEAM'S THROW IN
  - D. WHEN PLAY IS STOPPED
  - E. THERE WILL BE NO SUBSTITUTIONS ON CORNER KICKS
4. EACH PLAYER SHALL PLAY A MINIMUM OF 50 % OF EACH MATCH.

LAW VII – DURATION OF THE MATCH

20 MINUTE HALVES

LAW IX – OFF SIDE

THE OFFSIDE RULE WILL NOT BE ENFORCED.

LAW XIII – FREE KICKS

1. SHALL BE CLASSIFIED UNDER ONE HEADING – INDIRECT  
A KICK IN IS CONSIDERED AS AN INDIRECT FREE KICK WITH THE OPPONENT THREE (3) YARDS FROM THE BALL.
2. A GOAL MAY NOT BE SCORED FROM AN INDIRECT KICK UNTIL THE BALL HAS BEEN PLAYED OR TOUCHED BY A SECOND PLAYER OF EITHER TEAM.
3. NO FREE KICKS SHALL BE TAKEN BY THE ATTACKING TEAM WITHIN THE DEFENDING TEAM'S GOAL BOX.

LAW XIII – PENALTY KICK

NO PENALTY KICKS ARE TO BE TAKEN DURING REGULAR LEAGUE MATCHES. EXCEPTION IS THE RUGRAT TOURNAMENT.

LAW XV- THROW-IN

A SECOND THROW-IN MUST BE ALLOWED IF PLAYER THROWS THE BALL IMPROPERLY ON INITIAL ATTEMPT. THE REFEREE SHALL EXPLAIN THE PROPER METHOD BEFORE ALLOWING THE PLAYER TO RE-THROW IN. EXCEPTION IS THE RUGRAT TOURNAMENT

LAW XVI – GOAL KICK

1. OPPONENTS MUST BE SIX (6) YARDS AWAY FROM THE BALL.
2. ONE TRY ONLY

U9 AND U10 RULES  
(8 V 8) RECREATIONAL SOCCER

CONFORM TO FIFA RULES WITH THE FOLLOWING EXCEPTIONS:

LAW 1 – THE FIELD

1. DIMENSIONS:

THE FIELD OF PLAY SHALL BE RECTANGULAR, ITS LENGTH BEING NOT MORE THAN 80 YARDS NOR LESS THAN 70 YARDS AND ITS WIDTH NOT MORE THAN 50 YARDS NOR LESS THAN 40 YARDS. THE LENGTH IN ALL CASES SHALL EXCEED THE WIDTH.

2. GOALS:

MAXIMUM – SEVEN (7) FEET HIGH AND TWENTY ONE (21) FEET WIDE.

LAW II – THE BALL

1. SIZE FOUR (4) BALL

LAW III – NUMBER OF PLAYERS

1. MAXIMUM NUMBER OF PLAYERS ON THE FIELD AT ANY ONE TIME IS EIGHT (8). ONE OF WHOM MAY BE A GOALKEEPER.
2. MAXIMUM NUMBER OF PLAYERS ON THE ROSTER SHOULD NOT EXCEED FOURTEEN (14).
3. EACH PLAYER SHALL PLAY A MINIMUM OF 50 % OF EACH MATCH.

LAW VII – DURATION OF THE MATCH

1. TWO – 25 MINUTE HALVES WITH A 5 MINUTE HALF TIME  
EXCEPTION: TWO – 20 MINUTE HALVES IN PRELIMINARY GAMES FOR THE RUGRAT TOURNAMENT. SEMI FINALS AND FINALS WILL HAVE REGULATION 25 MINUTE HALVES.

LAW XI- OFF-SIDE

1. **OBVIOUS** OFF-SIDE ONLY.

ADDITIONALLY:

SHIN GUARDS ARE MANDATORY  
JEWELRY AND BARETTES ARE NOT ALLOWED