

U13 through U14

Field Size	Number of Players	Maximum Roster	Minimum Roster	Length of Half	Break Times	Ball Size	Goal Size	Offside Called	Goal Keeper
112 x 75 Yards	11 v 11	18	11	2 – 35 Minute	15 Minutes	5	8' x 24'	Yes	Yes

U15 through U16

Field Size	Number of Players	Maximum Roster	Minimum Roster	Length of Half	Break Times	Ball Size	Goal Size	Offside Called	Goal Keeper
112 x 75 Yards	11 v 11	22	11	2 – 40 Minute	15 Minutes	5	8' x 24'	Yes	Yes

U17 through U19

Field Size	Number of Players	Maximum Roster	Minimum Roster	Length of Half	Break Times	Ball Size	Goal Size	Offside Called	Goal Keeper
112 x 75 Yards	11 v 11	22	11	2 – 45 Minute	15 Minutes	5	8' x 24'	Yes	Yes

Development Rules for 7 v 7

Build out Lines

The build out line is used to promote playing the ball out of the back in an unpressured setting.

When the goalkeeper has the ball, either during play or from a goal kick, the opposing team should move behind the build out line

Once the opposing team is behind the build out line, the goalkeeper can pass or throw/roll the ball to a team mate (no punting)

After the ball is put into play by the goalkeeper, the opposing team can cross the build out line and play resumes as normal.