



NEVADA YOUTH SOCCER ASSOCIATION

Youth Soccer Return to League Play
Protocols and Procedures



US
YOUTH
SOCCER

STEVE SISOLAK
Governor

STATE OF NEVADA

VICTORIA CARREÓN
Administrator

TERRY REYNOLDS
Director



PERRY FAIGIN
Interim Deputy Administrator

DEPARTMENT OF BUSINESS AND INDUSTRY
DIVISION OF INDUSTRIAL RELATIONS

October 8, 2020

Guy Hobbs, President
Melanie Stafford, Executive Director
Nevada Youth Soccer Association
Via email:
guy@hobbson.com
melanie@nevadayouthsoccer.org

Dear Mr. Hobbs and Ms. Stafford:

Thank you for submitting a Sports Preparedness and Safety Plan for the Nevada Youth Soccer Association. The attached plan and supplementary documentation have been reviewed and approved by the Department of Business and Industry.

Please note that if you would like to conduct any tournaments, a separate plan would be required. Tournament plans should be submitted first to your local health authority for action and then to the Department of Business and Industry at COVID19Plans@dir.nv.gov.

Sincerely,

A handwritten signature in blue ink that reads "Victoria Carreón".

Victoria Carreón
Administrator

CARSON CITY
400 West King Street
Suite 400
Carson City, NV 89703
(775) 684-7270

LAS VEGAS
3360 West Sahara Avenue
Suite 250
Las Vegas, NV 89102
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NEVADA YOUTH SOCCER ASSOCIATION

Nevada Youth Soccer Association (NYSA) provides oversight, infrastructure, and education to 700+ sanctioned youth soccer teams in Nevada, serving over 7,000 players, 2,000 coaches, and 500 referees. Every youth player, coach, referee, and club that is sanctioned by NYSA must follow local protocols set forth by the organization for the safety and betterment of the game of soccer in Nevada. NYSA works in association with US Youth Soccer Association, United States Soccer Federation, and ultimately the largest sports network in the world, FIFA.

Soccer is arguably the largest outdoor youth organized sport in Nevada and the shutdown has had staggering effects on the social, physical, cultural, emotional, and mental well-being of youth within the state. It is our goal that we find common ground for the sport to re-engage the extensive Nevada youth community as it had done prior to COVID-19 and resume full capacity training and games.

We are very pleased to announce that Governor Sisolak has issued an updated directive for youth sports that will allow for both increased training content and league games this fall.

- Enhanced training content, including normal training activities
- League competition, with protocols as noted herein
- Tournament competition, if the "Tournament COVID-19 Preparedness & Safety Plan" is approved by the Department of Business and Industry. This must receive approval prior to hosting or operating a tournament
- Expectations and requirements for all attendees, clubs, teams, and leagues



GENERAL INFORMATION

Nevada Youth Soccer Association

Contact: Melanie Stafford, Executive Director
Office: 702-870-3024
Weekend: 702-374-2960
2605 S. Decatur Blvd., #114
Las Vegas, NV 89102
Mon – Fri, 10a – 3p

Nevada South Youth Soccer League

Contact: Toni Prine
Phone: 702-535-2103
Secondary: Tiffany Madsen
Phone: 702-355-9496
Office: 702-877-2248
5650 W Charleston Blvd
Las Vegas, NV 89146
Mon – Fri, 9:30a – 3p

Silver State Soccer League

Contact: Patti Mateo
Phone: 702-372-3987
Office: 702-259-0699
5650 W Charleston Blvd, #13
Las Vegas, NV 89146
Mon – Fri, 10a – 3p

Nevada Alliance Soccer League

Contact: Ryan Ingold
Phone: 702-204-0804
6185 S. Pecos Rd. Ste 250
Las Vegas, NV 89120
Mon – Fri, 10a – 3p

Great Basin Youth Soccer League

Contact: Rob Range
Phone: 775 -219 -9278
Office: 775 – 825 – 4900
711 Stewart St
Carson City, NV 89706
Mon, Thu – 9:30 – 5p

Albion Juniors League

Contact: Stephanie Anwar
Phone: 702-376 -8989
1066 San Andreas St
Henderson, NV 89002
Mon – Fri, 10a – 3p

Northern Nevada Youth Soccer Association

Contact: Jessie Bahr
Phone: 610 – 451 – 7399
P.O Box 8305
Spring Creek, NV 89815
Mon – Fri, 10a – 3p

NYSA Affiliated Clubs and Teams –

Albion SC Las Vegas
Downtown SC Las Vegas
Heat FC (and affiliate entities)
Henderson – LVSA
LVSA
LV Diversity
Players SC
Vegas United
Atletico
Celtic
LV Select FC
LV Pros
Tactical FC
NYSA Bolden Lions FC
Prime SC

SIGNAGE EXAMPLES

NYSA will work with local municipalities to place signage like the examples below around field facilities during games.



5'6" X 2'11"



3'3" X 6'11"



BASELINE REQUIREMENTS

The protocols for the return to play timeline will abide by the following conditions and recommendations until further notice to keep the Nevada Soccer Community safe and allow for further participation.

- **MASKS AND FACE COVERINGS** – Clean and properly fitting face coverings are required by all NYSA participants while in public.
 - Exemptions: While actively eating or drinking; exemption applied under Directive 024; when actively exercising or participating.
- **TESTING** –
 - Adult Coaches, Managers, Officials/Referees & Team Staff are required to take a COVID-19 test prior to the start of the season or resumption of athletic activity, and is strongly encouraged every other week during the season.
 - Players/Athletes: It is strongly recommended but not mandatory that all players/athletes test for COVID-19 prior to the start.
- **SCREENINGS** –
 - Contactless temperature screenings **MUST** be provided for all players/athletes, coaches, referees/officials, league officials, staff and managers before each practice, game or other team event. Contactless temperature screenings are strongly encouraged for spectators and attendees.
 - Ensure the thermometer has been thoroughly cleaned in between each check.
 - All participants **MUST** respond to COVID-19 screening-survey questions upon arrival and check-in at each practice, game or other team event.
 - Conduct regular symptom and exposure assessments for all participants including players, coaches, referees, league officials and managers. Daily symptom assessments should include monitoring for fever, cough and trouble breathing, and also whether individuals have been exposed through household members or others.
 - Parents are encouraged to be on the alert for signs of illness in their children and themselves and stay home when sick.
- **SOCIAL DISTANCING** –
 - Parties/Groups will maintain 6ft of social distancing on sidelines.
 - Spectators will be limited to no more than two spectators per player per match. In time, after observing the achieved compliance, this limit may be increased to three spectators per player. At no time will the capacity per field be allowed to exceed 250 persons.
 - Social distancing will be observed before games, on the sidelines, and after games. Teams will depart the fields immediately after conclusion of the game.

BASELINE REQUIREMENTS – Cleaning Products

Required:

- The Team Covid Compliance Officer will use a product approved for use against SARS-CoV-2 (COVID-19)
- NYSA will use a combination of the following:
 - Clorox Disinfecting Wipes, Clorox Everest – 30 seconds
 - Ironman Wipe – 2 minutes
 - Lysol Disinfecting Wipes (all scents), Lysol Disinfectant Max Cover Mist, Lysol Disinfectant Spray – 2 minutes
 - Oxiclean Laundry and Home Sanitizer – 15 minutes (recommended for washing uniforms, etc.)
 - Lysol Laundry Sanitizer – 5 minutes (recommended for washing uniforms, etc.)
- Always follow the instructions on the label
- Use appropriate PPE
- Masks, gloves, etc.
- Maintain safe practices such as handwashing after removal

• **Resources:**

<https://www.cdc.gov/coronavirus/2019-ncov/community/cleaning-disinfecting-decision-tool.html>
<https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2-covid-19>
<https://www.epa.gov/coronavirus/how-does-epa-know-products-list-n-work-sars-cov-2>

PROTOCOLS

The protocols for the return to play timeline will abide by the following conditions and recommendations until further notice to keep the Nevada Soccer Community safe and allow for further participation.

8. Club/Team Responsibility
9. Player Responsibility
10. Coach Responsibility
11. Parent Responsibility
12. Referee Responsibility
13. Facility Responsibility – Leagues and Clubs
14. Trainings and Competitions
15. Field Layout – Spectators with Social Distancing
16. Venue Examples
17. Multi-field Layout
18. Positive Test Protocol
19. Safety Information - English
22. Safety Information – Spanish
23. Appendix A – Weekly at home health assessment checklist
24. Appendix B – Club/Team Covid Compliance Officer

CLUB AND TEAM RESPONSIBILITY

All Nevada Youth Soccer Association leagues, clubs and teams will communicate to their parents and members the following approved NYSA guidelines in accordance with the State of Nevada Directive 034.

- All clubs/teams will maintain accurate and timely registers of all participants at training or games.
- Each club will designate one individual who will be responsible for maintenance of registers, fulfillment of COVID-19 obligations per NYSA, and knowledgeable of the current local safety limitations and current health necessities. During games this designee will be the liaison between referees regarding any COVID safety protocols.
- Teams will be responsible for providing thermometers (touchless recommended) for self-health assessments at each practice or game.
- Clubs/teams will provide, as necessary, hand sanitizer for each location of training and games for players, coaches, and spectators.
- Clubs/teams will follow local guidelines for the number of participants per gathering, currently 250 people per field, max of two spectators per player.
- Clubs/teams will implement a weekly At-Home Health Assessment prior to returning to the fields each week. This health assessment, an example outlined in Appendix A is required to be completed by all players, coaches, managers and spectators attending practice or games.
- Clubs/teams will supply their membership any updated COVID-19 facts and considerations for all participants attending training or games.
- Clubs/teams will follow the field layout and spectator map provided by NYSA.
- Clubs/teams will ensure all spectators are maintaining a minimum of 6 feet from the sideline.
- Clubs/teams will require to all spectators that social distancing standards be maintained while spectating at events and masks worn by spectators at all times.
- Clubs/teams will work to stagger training and game times, limiting the number of individuals present or passing at events.
- Clubs/teams will suggest parents work to limit carpools and that any carpools that must be maintained be limited to players on the individual player's own team.
- Clubs/teams will have all players, coaches, and referees use masks when arriving and leaving the fields and when on the sidelines.
- Assigned team COVID coordinator will work with referees to help them enforce appropriate sideline social distancing.
- Clubs/teams will suggest that all non-essential visitors stay in cars or not attend.
- Clubs/teams will should recommend teams not travel to states with recently reported outbreaks or newly implemented statewide restrictions.
- All clubs/teams will designate a COVID Coordinator with the role description outlined in Appendix N.
- Clubs/teams will limit travel by teams to out-of-state events. Any team traveling back from out-of-state events will quarantine from other teams and games based on the CDC recommended guidelines.
- Clubs/teams are responsible for ensuring the compliance of these guidelines. Failure to comply will result in game forfeits and/or discipline.
- Leagues will be responsible for positing signage reminding attendees of safety and health protocols.

PLAYER RESPONSIBILITY

All Nevada Youth Soccer Association leagues, clubs and teams will communicate to their players the following approved NYSA guidelines in accordance with the State of Nevada Directive 034.

- Any player who is not feeling well, has a fever of ≥ 100.4 , or exhibiting any signs or symptoms of COVID-19, including mild to severe respiratory illness with fever, and/or difficulty breathing, or other symptoms identified by the CDC, is asked to stay home or leave immediately.
- Any player who has been in contact with someone who has tested positive for COVID-19 may not attend training. CDC guidelines on contact with a person who tests positive should be followed.
- Players that have tested positive for COVID-19, are encouraged to provide written confirmation of COVID-19 negative status and/or clearance from your physician in compliance with the most up to date CDC guidelines.
- Players will complete an at home health assessment prior to each practice or game.
- Avoid high fives, handshakes and any form of touching.
- Maintain a minimum contact during training to the best of your ability.
- Players are required to wear masks when not actively training, including while coming to or leaving the field. Players are allowed to wear mask while training, but this is not mandatory.
- While not actively participating, maintain six feet of social distance.
- Player should use hand sanitizer before practice, during breaks, and after practice. Each club will make sanitizer available to coaches and players and it is recommended that players have individual containers as well.
- All players should bring their own ball, and avoid sharing it as much as possible. All balls should be sanitized after each practice or game.
- Uniforms must be washed after each training and game using approved EPA List "N" cleaners (page 6).
- No sharing of water bottles or food. Players should bring enough water for pre, during and post training. Extra considerations should be taken depending on the climate.
- Only coaches are to move team equipment such as cones, training poles, etc.
- No spitting! This includes goalie gloves.
- Players are recommended to use their own pinnies during scrimmages. Shared pinnies should be washed between each use.
- No congregating before or after practices or games is allowed. Practice and game times should be staggered to allow for social distancing between entrance and exit of teams.
- Games will not commence until sidelines are in compliance.
 - Notice of non-compliance 3 times within the same game will result in park marshals being called to escort those individuals from the facility.

COACH RESPONSIBILITY

All Nevada Youth Soccer Association leagues, clubs and teams will communicate to their coaches the following approved NYSA guidelines in accordance with the State of Nevada Directive 034.

- Any coach who is not feeling well, has a fever of ≥ 100.4 , or exhibiting any signs or symptoms of COVID-19, including mild to severe respiratory illness with fever, and/or difficulty breathing, or other symptoms identified by the CDC, is not allowed to participate.
- Additionally, any coach who has been in contact with someone who has tested positive for COVID-19 should not attend training. CDC guidelines on contact with a person who tests positive should be followed.
- Coaches will complete an at home health assessment prior to each practice or game played.
- Coaches will make sure each player, coach, manager and spectator have their temperature checked prior to practice or games.
- Coach should limit group training sizes and continue to enforce social distancing when possible.
- Coaches will avoid high fives, handshakes and any form of touching where possible and support the team in doing the same.
- Coaches must maintain a minimum of six feet social distancing throughout training and games, if possible.
- Coaches must wear a mask at all times during training. Breaks for mask usage may be taken when the coach is greater than 15 feet away from any person.
- Coaches should not provide team benches.
- Coaches should use and make available to players hand sanitizer before practice, during breaks, and after practice. Each club should make sanitizer available, but we recommend each coach having some as well.
- Coaches should avoid as much as possible shared equipment (soccer balls, cones, etc.) and sanitize any shared equipment during breaks and after each practice or game.
- Coaches will not share water bottles or food with players or others.
- Only coaches are to move team equipment such as cones, training poles, etc. After each practice or game in which it is used it should be sanitized.
- Coaches will not share scrimmage vests (pinnies) amongst separate teams. Pinnies should be regularly washed after each use.
- Coaches should plan practice activities that minimize levels of contact. If families are not comfortable with training activities, they may opt out without penalty.
- Coaches or team managers should track (written/electronic) attendance at all practices and games. If there should be a player who tests positive for COVID-19, this information will be required for appropriate contact tracing by local health officials.
- Games will not commence until sidelines are in compliance with guidelines.
 - Notice of non-compliance 3 times within the same game will result in park marshals being called to escort those individuals from the facility.

PARENT RESPONSIBILITY

All Nevada Youth Soccer Association leagues, clubs and teams will communicate to their parents the following approved NYSA guidelines in accordance with the State of Nevada Directive 034.

- Any player who is not feeling well, has a fever of ≥ 100.4 , or exhibiting any signs or symptoms of COVID-19, including mild to severe respiratory illness with fever, and/or difficulty breathing, or other symptoms identified by the CDC, is asked to stay home or leave immediately.
- Any player or parent who has been in contact with someone who has tested positive for COVID-19 may not attend training. CDC guidelines on contact with a person who tests positive should be followed.
- Parents and other spectators at practice or games must complete and at home health assessment and have their temperature checked.
- Assure your player is aware of all responsibilities around COVID-19 restrictions, and is prepared to adhere to them.
- Parents and families should limit spectating at practice. Parents should drop off players close to the start of practice, and should leave promptly after practice. Should parents stay, they should remain away from the field area, follow social distancing and wear masks when around others.
- Parents and spectators should keep their own "pod" on the sideline and maintain 6ft from others not within their own party.
- Uniforms must be washed after each training session or game.
- Parents should make sure their player has adequate water, food, or other items needed through practices or games.
- It is strongly recommended each player bring their own hand sanitizer.
- Parents are not allowed to congregate before or after practices or games.
- Parents should plan to drop-off and pick-up their player within 10 minutes of starting and completion of practice or games.
- Games will not commence until spectators are in compliance with all guidelines for sidelines.
 - Notice of non-compliance 3 times within the same game will result in park marshals being called to escort those individuals from the facility.

REFEREE RESPONSIBILITY

All Nevada Youth Soccer Association leagues, clubs and teams will communicate to their parents the following approved NYSA guidelines in accordance with the State of Nevada Directive 034.

- Any referee who is not feeling well, has a fever of ≥ 100.4 , or exhibiting any signs or symptoms of COVID-19, including mild to severe respiratory illness with fever, and/or difficulty breathing, or other symptoms identified by the CDC, is asked to stay home or leave.
- Any referee who has been in contact with someone who has tested positive for COVID-19 may not attend training. CDC guidelines on contact with a person who tests positive should be followed.
- Referees will be recorded to complete an at home health assessment and have their temperature checked prior to games.
- Referees, instructors, mentors and assessors should stay up to date and comply state of Nevada Directive 034.
- Referees will include a safety protocol checklist before commencement of the game. If spectators or teams are not in compliance, they will notify the coach or team COVID designee to remedy.
- Referees will avoid high fives, handshakes and any form of touching where possible and support the team in doing the same.
- Referees, instructors, and mentors must maintain a minimum of six feet social distancing throughout training, games if possible.
- Referees should use hand sanitizer before games, during breaks, and after games. NYSA recommends referees should have their own supply of hand sanitizer and, when possible, disinfecting wipes.
- Referees should avoid as much as possible sharing equipment (jerseys, flags, and whistles.) and sanitize any shared equipment between games.
- Referees will not share water bottles or food with anyone – other referees, players, coaches, spectators.
- Referees are only allowed to work on fields where they have been assigned by a certified assignor.

Game Management:

- No coin toss. Kick off belongs to the home team in all instances.
- Throw in's will be replaced by kick-ins.
- It is suggested that referees wear a mask at all times during games.
- Officials should NOT stay in the technical area during half time but move away from players, coaches and spectators.
- If two players get into a "tussle" (hug, mutual shoving, face-to-face yelling, wrestling,) they must both leave the field and properly sanitize, irrespective of any misconduct.
- A player sneezing can be required to leave the field – much like signs of a concussion – until the sneezing stops and the player has sanitized hands, etc.
- Games will not start until sidelines are in compliance. Should a team not comply within 5 minutes past the scheduled game start, the team will forfeit.

FACILITY INFORMATION – CLUBS AND LEAGUES

All Nevada Youth Soccer Association leagues, clubs and teams will communicate to their parents the following approved NYSA guidelines in accordance with the State of Nevada Directive 034.

Facility Restrooms:

- City of Las Vegas municipal fields will increase cleaning and provide sanitization equipment inside restrooms. Other municipalities where fields are used by NYSA affiliates are also responsible for the cleaning of restrooms in accordance with protocols. One complex in the Reno area requires the user to clean restrooms; this has been outsourced to a COVID-certified cleaning company.
- Participants and attendees will be required to follow all social distancing protocols and mask wearing within restrooms. Signage reminding attendees of the social distancing requirements will be placed.
- Participants are encouraged to use facilities at home before coming to games and try to limit time spent indoors with others.
- Members are encouraged to reach out to other municipalities where fields may be located to stay informed on changes or potential closures.

Facility Trash:

- Leagues, Clubs and Teams are required to remove trash and dispose at appropriate dumpsters.
 - Leagues, Clubs and Teams are encouraged to provide appropriate PPE and/or sanitization equipment for trash removal.
 - It is recommended that players and spectators remove their own trash.

Clubs and Leagues:

- Social distancing among all attendees is required.
- Capacity is limited to 250 people, max of two spectators per player. To ensure this number is not breached, spectators will be limited to 2 per game rostered player.
- Face masks are required when within 15 feet of others.
- Attendees are encouraged to have and use hand sanitizer before and after games and training.
- Attendees should thoroughly wash hands on a regular basis.
- Maintaining compliance with local and state guidelines and directives will ensure continued use of facilities.
- Leagues are encouraged to purchase signage reminding teams to social distancing, wear face coverings when not actively participating, and regularly sanitizing, etc.
- Required to use sanitizers/disinfectants from EPA "N" List (page 6) and follow the guidelines for required contact time for proper sanitization.

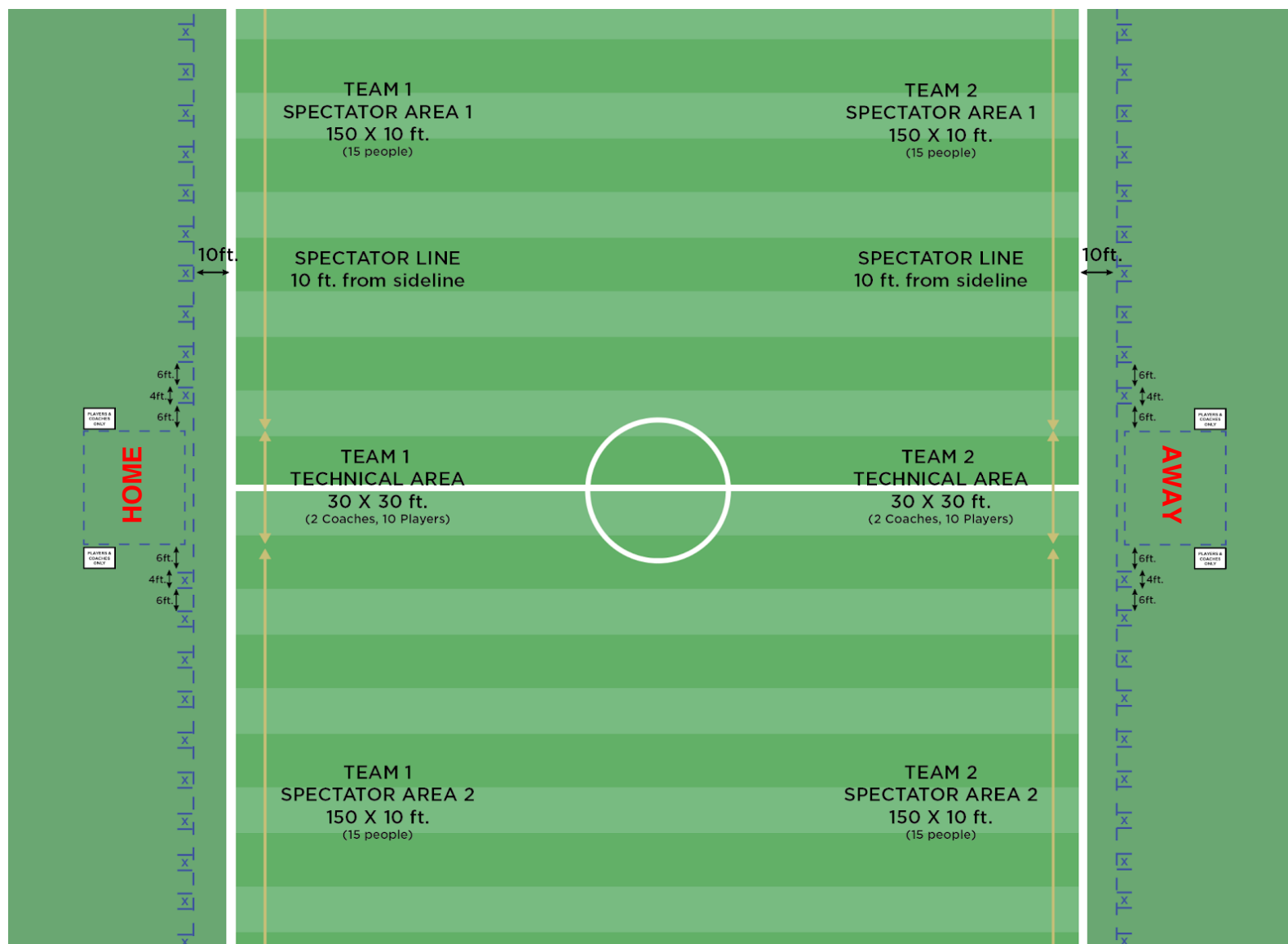
TRAININGS AND COMPETITIONS

All Nevada Youth Soccer Association leagues, clubs and teams will communicate to their parents the following approved NYSA guidelines in accordance with the State of Nevada Directive 034.

- All sport activities must abide by the limit on gatherings which is currently 250 people, max of two spectators per player.
 - Spectators will be limited to 4 per player, per field.
- In accordance with the revised directives, all coaches, managers, referees and other adult personnel who may be on the sidelines during any matches must provide evidence of a negative test for COVID-19 prior to within 7 days of any league play commencing. The directive is also recommending that all players be tested – particularly those who exhibit any symptoms or those who may have been exposed.
- All teams will be required to follow the NYSA and league-approved field layout for any scrimmage or game play.
- Game referees, coaches, and league officials will conduct pre-game checks to ensure that all protocols are being met. Games will not be allowed to commence if there are any deficiencies noted.
 - If the same individual or group is asked to comply 3 times within the same game, or has had a complaint against them notified to the CCO or league representative by 3 individuals, the league will call the local park marshal to remove the individual or group.
- Throw-ins will be replaced by kick-ins from the sidelines to eliminate handling of the ball. No heading will be allowed.
- No slide tackling will be allowed.
- Social distancing on the sidelines will be enforced, including between coaches and players.
- No handshakes, high-fives or other contact allowed.
- No sharing of equipment or water bottles.
- Disinfectant will be mandatory on the sidelines and available at each team bench provided by the club/team.
- A 30-minute headway will be used between all games, allowing for teams to exit the fields and enter the fields without coming into contact and eliminating crowding at gates and other choke points. Teams should gather their belongings and equipment in a quick and timely manner.
 - Shared equipment (flags, balls, cones, etc.) should be disinfected between games.
- All teams and team officials will be required to clean and disinfect their team areas prior to exiting the fields.
- Tournaments may be held, but must receive approval through the department of Business and Industry prior to commencing.
 - Tournament hosts will be responsible for facility signage. Signage will include, but is not limited to: reminders to social distance, handwashing and sanitizing recommendations, face coverings, etc.

GAME LAYOUT – SPECTATORS WITH SOCIAL DISTANCING

All Nevada Youth Soccer Association leagues, clubs and teams will communicate to their coaches, parents and players the following approved NYSA guidelines in accordance with the State of Nevada Directive 034.



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All Nevada Youth Soccer Association leagues, clubs and teams will communicate to their coaches, parents and players the following approved NYSA guidelines in accordance with the State of Nevada Directive 034.



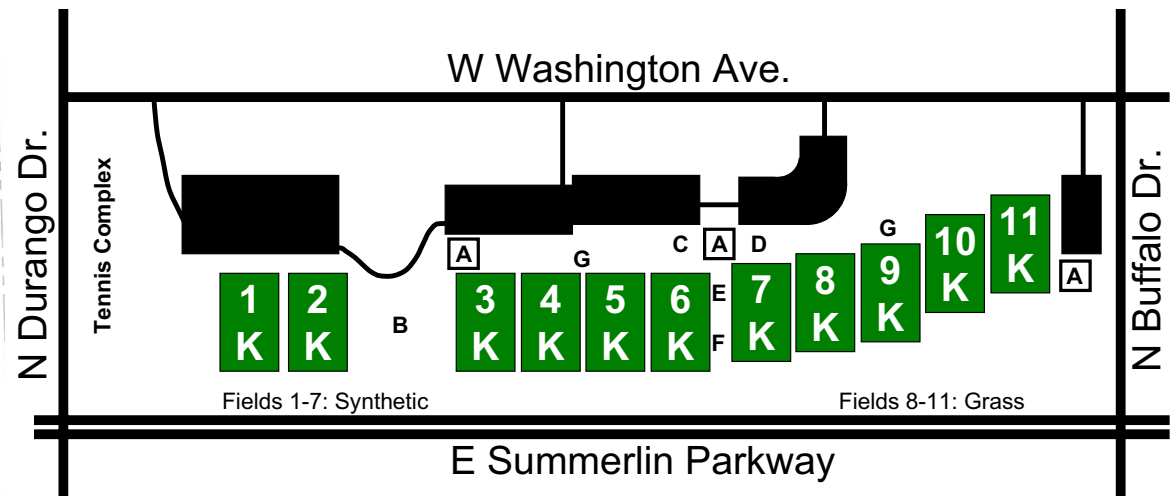
FACILITY EXAMPLES

Each field will be considered a venue with a maximum capacity of 250 within 25 feet of the sideline.

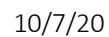


KELLOGG ZAHER SOCCER COMPLEX

7701 W Washington Ave., Las Vegas, NV 89128



110 X 70 yards; Players: 18 per team, Referees: 3, Coaches: 1-3 per team, Spectators, Max 4 per player



Positive Test Protocol

SOMEONE DISPLAYS SYMPTOMS –

- If a player, coach, official, staff member, volunteer or spectator displays symptoms of COVID-19 (confirmed temperature of 100.4° Fahrenheit or if they say “yes” to any of the COVID-19 screening-survey questions) or if there is any suspicion that they are sick or symptomatic, they must be declined admittance and will not be allowed to participate or watch a sporting practice, game or competition. If they arrived with other people (parents/guardians, teammates, etc.), everyone in the group must also be declined admittance and leave immediately.
 - Advise them to go home, stay away from other people, contact their primary care provider or local health authority for further instructions, including where and when to access a test.
 - Assigned staff or volunteers should provide the individual with a face covering and help the individual minimize their contact with others before leaving the facility. Immediately disinfect all areas used by the individual.

POSITIVE TEST PROTOCOL –

- If a **coach, manager, or player/athlete of the same team** tests positive for COVID-19, the entire team (if they had been in close contact with the positive individual) **MUST** quarantine for 14 days. All team activities and practices must be canceled for 14 days during the quarantine period.
 - Teams must notify NYSA within 24 hours of being notified of a positive test.
- If a **household member** of a coach, manager, or player/athlete of the same team tests positive for COVID-19, that coach, manager, or player/athlete must notify the sports program administrator or appropriate contact and must cease all activities with the team for 14 days from the most recent exposure even if she/he tested negative.
- If a player/athlete, coach, or team staff member become sick with COVID-19 and exhibit symptoms, they should notify the sports program administrator or appropriate contact. They **MUST** cease all athletic activity and participation and **MUST** be suspended until 10 days of home isolation are completed and symptoms were resolved for at least 24 for hours after that. Symptomatic cases cannot return to the team even if test results are negative.
 - CDC: “youth sports organizations should notify local health officials, youth sports program staff, umpires/officials, and families immediately of anyone with COVID-19 while maintaining that person’s confidentiality in accordance with the Americans with Disabilities Act (ADA).”
- It is recommended that anyone who previously tested positive for COVID-19 receive medical clearance before play or activity.

SAFETY INFORMATION

YOU CAN HELP PREVENT THE SPREAD OF RESPIRATORY DISEASES LIKE **COVID-19**.
STAY HOME IF YOU ARE SICK.

PLEASE PRACTICE **PHYSICAL DISTANCING** IF YOU MUST LEAVE YOUR HOME FOR ESSENTIAL WORK OR ERRANDS:

Keep at least 6 feet between you and others whenever possible.

Avoid crowded public places where close contact with others may occur.

Avoid gatherings with people not from your household.

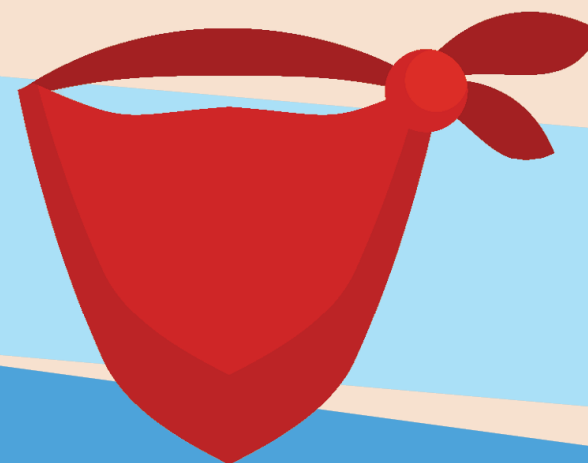
Wear a face covering to protect those around you.



NEVADA
HEALTH
RESPONSE



NEVADA
HEALTH
RESPONSE



FACE COVERINGS HELP PREVENT SPREAD

While there is no consensus if masks can reduce individuals' risk for contracting COVID-19, it is well established that even improvised homemade face coverings can control and reduce the spread of the virus from infected individuals.

Since transmissions may occur prior to the development of symptoms, face coverings can serve as a source of control for an individual who may be infected, but there are no substitutes for handwashing and aggressive social distancing. For more information, visit [NVHealthResponse.nv.gov](https://www.nvhealthresponse.nv.gov).



COVID-19

NOVEL CORONAVIRUS PREVENTION TIPS

Don't be scared, be prepared! Help prevent the spread of respiratory diseases like COVID-19.



Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand-sanitizer containing at least 60% alcohol. Thorough cleaning with soap and water will remove most microorganisms.



Avoid touching your mouth, nose, and eyes with unwashed hands.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Clean and disinfect frequently touched objects and surfaces including: desks, tables, counter-tops, sinks, door handles, faucets, railings, phones, bathrooms and rooms. Cleaning removes germs from surfaces, while disinfecting kills germs on surfaces. Use alcohol-based products to disinfect surfaces.



Stay home when you are sick, except to get medical care. Call your doctor before going in to get checked so they are aware of your condition. Avoid close contact with people who are sick. If a family member is sick, place them in a separate room and bathroom if possible.



Remember to stay calm and practice good hygiene. Reach out to your local health department or medical provider with any questions.

For more information please visit: <http://dphh.nv.gov/coronavirus/>



Brought to you by:
Nevada Department of Health and Human Services
Division of Public and Behavioral Health
Public Health Preparedness



SAFETY INFORMATION – SPANISH

USTED PUEDE AYUDAR A PREVENIR LA PROPAGACIÓN DE ENFERMEDADES RESPIRATORIAS COMO EL **COVID-19**.
QUÉDESE EN CASA SI ESTÁ ENFERMO.

POR FAVOR, PRACTIQUE EL **DISTANCIAMIENTO FÍSICO** SI DEBE SALIR DE SU CASA PARA TRABAJAR O HACER MANDADOS ESENCIALES:

Mantenga al menos 6 pies de distancia entre usted y los demás siempre que sea posible.

Evite lugares públicos donde pueda producirse un contacto cercano con otras personas.

Evite las reuniones con personas que no viven en su hogar.

Use una cubierta facial para proteger a las personas a su alrededor.







Los revestimientos faciales ayudan a prevenir la propagación

Si bien no hay consenso sobre si las mascarillas pueden reducir el riesgo de las personas de contraer el COVID-19, está bien establecido que incluso las mascarillas caseras improvisadas pueden controlar y reducir la propagación del virus de las personas infectadas.

Dado que los contagios pueden ocurrir antes del desarrollo de los síntomas, los recubrimientos faciales pueden servir como una fuente de control para una persona que podría estar infectada, pero no hay sustitutos del lavado de manos y el distanciamiento social agresivo. Para obtener mayor información, visite NVHealthResponse.nv.gov.

APPENDIX A – WEEKLY AT-HOME HEALTH SELF-ASSESSMENT CHECKLIST

This is an example of an at home health self-assessment of symptoms for COVID-19 that should be taken into consideration before practice and games.

- Club and Team Covid Representatives will be responsible for making sure the health assessment is administered to each player, coach, team manager and spectator for the team.
- It is recommended that clubs and teams utilize digital forms or apps to track submissions, e.g. Google Forms (free), Team Snap App (\$\$), or Nevada Covid Trace App (free), etc.

1. Have you experienced any of the following symptoms in the past 48 hours?:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

2. Within the past 14 days, have you been in close physical contact (6 feet or closer for at least 15 minutes) with a person who is known to have a confirmed case of COVID-19 or with anyone who has any symptoms consistent with COVID-19?

3. Are you isolating or quarantining because you may have been exposed to a person with COVID-19 or are worried that you may be sick with COVID-19?

4. Are you currently waiting on the results of a COVID-19 test?

APPENDIX B – CLUB/TEAM COVID COMPLIANCE OFFICER

All clubs and teams are required to appoint at least one COVID representative who will be responsible for coordinating the necessary actions mandatory to keep your members, coaches, referees, and players safe.

Each team will appoint a Covid Compliance Officer. The purpose of this position will be to ensure compliance with all health and safety guidelines within your team by working with coaches, players, parents, referees and spectators (should they be allowed). This person will report directly to their club or league and ultimately, NYSA.

The person must:

- Be familiar with local and national health guidelines in relation to COVID-19 as well as NYSA Return to Play and State of Nevada Directive 034 – Youth Sports
- Be a registered club employee, officer, coach or team manager.
- Require all players, coaches and spectators to follow the guidelines – wearing masks (when not actively participating), social distancing, etc.
- Require all players, coaches, managers and spectators have their temperature taken and fill out an at home health assessment prior to practice and games.
 - Thermometers (touchless recommended) will be provided by clubs.
- Take proper steps in alerting club leadership and NYSA if a member shows symptoms, is around a positive case or tests positive themselves.
- Communicate with the coach and referee at games to ensure protocols are being followed on the sidelines. Games will not commence until sidelines are in compliance.
- Responsible for regularly sanitizing shared equipment with sanitizers/disinfectants from EPA “N” List (page 6).
 - Understand and know the required contact time for the sanitizer/disinfectants being used.
- Refusal to comply to the safety guidelines by any player, spectator or attendee must be reported to the Club or League Representative and subsequently NYSA for review.
 - If the same individual or group is asked to comply 3 times within the same game, or has had a complaint against them notified to the CCO or league representative by 3 individuals, the league will call the local park marshal to remove the individual or group.
 - The CCO will notify the league representative of any complaints.